

VEGAN MENU

LA QUATTRO
13 VICTORIA AVE
WANGANUI, NZ

SNACKS

Salsa Roja w house made corn chips (GF).....	\$10
Esquites (corn off the cob) w peanut butter, warm tortillas (GFO).....	\$12
Guacamole w pico de gallo, spiced peanuts, corn chips (GF).....	\$14
Patata Bravas w salsa, cucumber, olive powder (GF).....	\$12
Jalapeño Poppers w salsa, cured onions, vegan cheese, micro greens	\$18

SOFT SHELL TACOS

Crispy Potato w salsa asada, cucumber, cured onions, pumpkin seeds (GFO).....	\$9.5
Fried Cauliflower w salsa asada, tomato pico, sesame seeds.....	\$9.5

BIG PLATES

Pumpkin n Spinach Chimmichanga w potato, v cheese, salsa, onions, cucumber	\$25
Mushroom Fajitas w capsicum, onion, vegan sour cream, rice, tortillas (GF).....	\$25

DESSERTS

Vegan Churros w cinnamon sugar, coconut crema	\$14
Housemade Popsicles w choice of mango or strawberry.....	\$8

GF GLUTEN FREE

GFO GLUTEN FREE ON REQUEST

“How good it is to be well- fed, healthy and kind all at the same time.”

- HENRY J. HEIMLICH